Woodland Primary School

Flinton Grove,
HULL, HU9 5SN
Tel: 01482 787000
Email: admin@woodland.het.academy
Website: www.woodland.org.uk
Headteacher: Mr S Harris

Tuesday 3rd November 2026

Dear Parent/Carer

Year 6 – Growing Up and Sex and Relationships Education Talk

As part of our schools PSHE curriculum, and in line with statutory government guidance, children in Year 6 children will receive their Growing Up Talk and Relationships and Sex Education Talk on **Friday 6th November**.

The education is based on national guidance and the JIGSAW PSHE programme already in the school's curriculum and is delivered by the Public Health Programmes Team (School Nurses).

The Year 6 lessons will cover the following topics:

- What happens during puberty
- The body changes that occur during puberty.
- The female reproductive organs and what happens during a period (menstruation) and products to use.
- The male reproductive organs including wet dreams and erections and how to manage both
- Consent and keeping ourselves safe (underpants rule)
- The importance of practicing good personal hygiene
- Where to go for help and support

As the above content is considered to be relationships and health education (including puberty) which is statutory. Therefore, there is no parent/carer right of withdrawal from these topics.

The Year 6 lessons will also cover the following topics, which are considered **sex education** within Woodland's Relationships and Sex Education Policy:

- Relationship stages, sexual relationships and consent
- Human reproduction in the context of the human life-cycle
- How a baby is made and grows

Whilst we strongly encourage all parents/carers to allow their children to participate in all lessons, there is a parent/carer right of withdrawal from these sex education topics.

We strongly believe that withdrawing your child undermines their right to access information which is important to their health and wellbeing. We encourage you to speak to your child's class teacher if you are considering withdrawing your child from these lessons.

If you wish your child to be withdrawn from the sex education topics only then you will need to inform the school in writing before Thursday 5th November. Upon receipt of any withdrawal letters, school will contact parents/carers for further discussion.

If you have any queries about the content of the lessons, or the resources used please do not hesitate to contact your child's class teacher in the first instance.

Miss H. Kirk
PSHE Lead