

Woodland Primary School

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Headteacher: Mrs M Dodson



Tuesday 20th May 2025

Dear Parents and Carers,

PSHE (Jigsaw) – Year 5 Changing Me unit

During the second half of the Summer term your child will be completing the Changing Me Jigsaw unit with their class. This unit, as is the whole Jigsaw programme, is fully compliant with the statutory government relationships and health education guidance (2019).

Within this unit of work, the children will cover the following aspects of sex, relationships and health education:

Year Five

- Physical changes and feelings about them – importance of looking after yourself.
- Developing understanding of changes for both sexes – reassurance and exploring feelings.
- Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life.

The content outlined above is taught over six lessons.

There is no right for parents to withdraw children from relationships and health education lessons (including puberty) as they are statutory.

Within the six-lesson unit, one lesson (Piece 4 - Conception) is considered sex education. Whilst we strongly encourage all parents/carers to allow their children to participate in all lessons, there is a parental right of withdrawal from this one sex education lesson.

If you wish your child to be withdrawn from this one lesson then you will need to inform the school in writing within 7 school days of the date on this letter. Upon receipt of this letter, school will contact parents to discuss it further.

If you have any questions or concerns then please do not hesitate to talk to us, arrange to speak with your child's teacher in the first instance.

Miss H. Kirk

Deputy Head teacher
PSHE Lead

