



Woodland Primary School

Long Term Plan for P.E.



(units chosen from the Get Set 4 P.E. scheme of learning)

	FS2	Y1	Y2	Y3	Y4	Y5	Y6
Autumn	Introduction to PE: Unit 2	Dance: Y1 Fundamentals: Y1	Net and Wall: Y2 Fundamentals: Y2	Dance: Y3 Ball skills: Y3	Gymnastics: Y4 Badminton Y4/5	Dance: Y5 Handball: Y5	Basketball: Y5/6 Badminton: Y5/6
	Fundamentals: Unit 2	Fitness: Y1 Ball Skills: Y1	Dance: Y2 Sending & Receiving: Y2	Handball: Y3/4 Gymnastics: Y3	Dance: Y4 Football: Y3/4	Hockey: Y5 Fitness: Y5/6	Dance: Y6 Football: Y5/6
Spring	Dance: Unit 2	Gymnastics: Y1 Sending & Receiving: Y1	Gymnastics: Y2 Ball Skills: Y2	Hockey: Y3/4 Netball: Y3/4	Fitness: Y3/4 Dodgeball: Y3/4	Outdoor & Adventurous Activity: Y5 Netball: Y5/6	Fitness: Y5/6 Gymnastics: Y6
	Ball Skills: Unit 2	Team Building: Y1 Net and Wall: Y1	Fitness: Y2 Team Building: Y2	Fitness: Y3/4 Tag Rugby: Y3/4	Basketball: Y3/4 Outdoor & Adventurous Activity: Y4	Gymnastics: Y5 Volleyball: Y5/6	Dodgeball: Y5/6
Summer	Gymnastics: Unit 2	Yoga: Y1 Target Games: Y1	Yoga: Y2 Target Games: Y2	Rounders: Y3/4 Outdoor & Adventurous Activity: Y3	Athletics: Y4 Cricket: Y4	Rounders: Y5/6 Tag Rugby: Y5/6	Outdoor & Adventurous Activity: Y6
	Games: Unit 2	Athletics: Y1 Sports Day Practice	Athletics: Y2 Sports Day Practice	Athletics: Y3 Tennis: Y3	Swimming	Athletics: Y5 Tennis: Y5	Athletics: Y6 Cricket: Y6