#### HEAD LICE

No need to stay off school - on discovering live head lice please treat the infestation immediately. Your child should attend school as soon as possible after treatment. We advise regular weekly checks of ALL family members' hair to ensure there is no further infection.

## VERRUCAE, ATHLETES FOOT, HAND, WARTS AND FOOT AND MOUTH

With all of these, your child can still attend to school. If going swimming make sure the verrucae is covered

#### COLDS AND COUGHS

Your child can come into school with a cough and cold. Make sure he/she drinks plenty of fluids and has pain relief. Asthmatic children may need to take their blue inhaler more often.



# OTHER THINGS YOU SHOULD KNOW

It is important for children to attend school every day. Children can still attend school even if they are on prescribed medication.

The school has a medicine policy and medication can be administered with written

Ask at the school office for more details.

parental consent.

Try to make any medical appointment out of school hours. If this is not possible then bring your child into school to get his/her mark on the register and collect him/her closer to the appointment time. We also need to see appointment cards/letter to authorise the absence.

Please return your child to school immediately afterwards.



# WHEN IS IT NECESSARY TO KEEP YOUR CHILD OFF SCHOOL?



ATTENDANCE IS IMPORTANT

#### HIGH TEMPERATURE

Make sure your child drinks plenty of fluids and give pain relief. When your child feels better, bring him/her back to school. A high temperature should not last long; if it does, you should seek medical advice.

# SORE THROAT AND TONSILLITIS

With a sore throat or tonsillitis, children can still attend school. Make sure your child drinks plenty of fluids and if necessary give pain relief. Tell staff at the school that your child has been feeling unwell so that they are aware.

### HEADACHE, EARACHE AND STOMACH ACHE

If your child has headache, earache or stomach ache they should still come to school. Please tell staff so that they are aware that your child is feeling unwell. Make sure your child drinks plenty of fluids and if necessary give pain relief.

#### FLU AND SWINE FLU

Your child should go back to school after they have recovered from this illness. This usually takes around 5 days.

#### CONJUNCTIVITIS

Your child needs no time off school for conjunctivitis but must use medication for it. Please remind your child to wash his/her hand regularly to avoid it spreading to other children

#### DIARRHOEA / SICKNESS

Your child can return to school 48 hours after the last episode of the diarrhoea. For sickness please contact the school office as not all sickness requires 2 days of absence.

#### **IMPETIGO**

Children usually need prescribed medication from the doctor. Two days after starting the treatment the children can return to school, or when the lesions are crusted or healed. The treatment speeds the healing process and stops it being infectious.

#### SCABIES

After the first treatment for their scabies, your child can then attend school. ALL members of the family should also be treated.

#### SLAPPED CHEEK

No time is required off school.

#### **MEASLES**

Four days after the rash has started your child can return to school.

#### CHICKEN POX

Once all the spots are dry and crusted over. (Please inform the school as this could affect pregnant members of staff.)

#### GERMAN MEASLES

Four days after the rash has started your child can return to school. (Please inform the school as this could affect pregnant members of staff)

#### MUMPS

Five days after the swollen glands appear your child can return to school. Please make staff aware that your child has been unwell.

#### WHOOPING COUGH

Two days from starting antibiotics your child can return to school. They may still have cough for weeks after the illness but this is non-infectious.

#### **SCARLET FEVER**

Exclude children until 24hours of appropriate antibiotic treatment has been completed.