

Woodland's Sunflower Growing Challenge!

From seed to sunflower!

Summer 1 2021

Deadline: keep going!
We will ask for regular
updates and see whose
sunflower is the tallest!



Step 1

- Use a good multi-purpose compost to fill 7.5cm pots to 1cm below the rim.
- Tap each pot to settle the compost and firm gently.



Step 2

- Sow one seed per pot – sunflowers germinate reliably and form large seedlings.
- Poke the seed into the compost.



Step 3

- Cover the sunflower seed with about 1.5cm of compost.
- Label each pot and water well so that the compost is just moist throughout.



Step 4

- Cover each pot with a plastic bottle 'cloche' to keep seedlings warm.
- Plant your sunflowers outside in May when the last frosts are over

